

SOSSA - LACROSSE

Playing Regulations – Revised March 2020

1. Date

The SOSSA Boys' Lacrosse championship shall be held in the spring of each year during the week prior to the OFSAA Boys' Lacrosse Championship unless extraordinary circumstances dictate a change.

2. Location

The location of the championships shall be decided not later than the SOSSA Annual General Meeting held in June of the school year prior to the championships.

3. Eligibility

Articles VII and VIII of the SOSSA Constitution.

4. Classifications

Please see Article VII, section 7.03 and 7.05 of the SOSSA Constitution.

5. Tournament Structure and Procedure

The championships tournament shall be a Single Elimination Tournament with the semi-final winners meeting to determine the SOSSA champion.

The pairing for the semi-final games shall be in accordance with Appendix 1 of the SOSSA Constitution.

Where there are two entries to OFSAA, a challenge game may be used to determine the 2nd entry.

6. Entry

Each zone shall be allowed one (1) team in the SOSSA championship. The SOSSA convenor can (after consultation with the SOSSA Director) round out the draw for the SOSSA tournament to four teams. The SOSSA convenor should provide information to each zone convenor and the championship website prior to the zone championship.

This information should include:

- a) SOSSA convenor's name, school address and school phone number
- b) the draw including times
- c) the site and a address.
- d) any other pertinent information (ie. change facilities, etc.)

6. Entry (ctd.)

Each zone convenor or athletic coordinator should inform the SOSSA convenor of the details of their zone representative as soon as a zone champion is declared. The SOSSA convenor will only accept the name of the Zone Representative from the Zone convenor or athletic coordinator. The SOSSA convenor shall be responsible to ensure that the OFSAA entries are submitted.

7. Expenses

An attempt should be made to cover tournament expenses. Those schools who are entered in SOSSA championships are responsible for arranging and financing their own travel and meals.

The SOSSA convenor shall forward a financial statement to the SOSSA Administrative Director at the conclusion of the tournament.

8. Rules and Officials

The Rules of Lacrosse as they appear in the ILF Handbook shall govern play in the SOSSA championships with the following exceptions:

- a) Length of Play - there shall be four twelve (12) minute quarters with a three minute rest at quarter and five minutes at half.
- b) Number of Players – there will be a maximum of 35 players dressed and all must be from the eligibility list.
- c) Tied Games – overtime will consist of two four minute periods played to completion. If still tied, then four minute periods until sudden victory is achieved.
- (d) The SOSSA convenor shall be responsible for providing competent officials.

9. Uniforms and Equipment:

- a) Teams are to provide their own uniforms.
- b) The SOSSA convenor is responsible for having all necessary equipment.
- c) Be it resolved that any F.I.F.A. approved shoes duly inspected by the official and deemed to be safe be allowed.

10. Awards

- a) Each player on the winning team shall receive a SOSSA Medallion (20).

b) The winning team shall receive the SOSSA Championship trophy (where one exists).

11. Department

Any school entering SOSSA sponsored or approved competition must be under the control of a staff member of the school which it represents.

12. Medical Personnel

It is recommended that qualified First Aid personnel and equipment be available at the Championship site(s). Coaches shall provide all consumable medical supplies (ie. tape, band aids, etc.) for their athletes.

13. Appeals and Protests

If any school(s) wishes to proceed with a protest, see Article 9 of the SOSSA constitution.