

SOSSA GIRLS' HOCKEY

PLAYING REGULATIONS – revised August 2023

1. Date:

The SOSSA GIRLS' HOCKEY championship shall be held at least one (1) week prior to the OFSAA championship.

2. Location:

The convenor will be decided by the SOSSA Annual General Meeting. The convenor is responsible for the decision(s) as to location(s) of the championship.

3. Eligibility:

As per Article VII and Article VIII of SOSSA Constitution.

No competitor is eligible for the OFSAA Hockey Championship whose name has appeared on a game sheet for any women's professional league within the current school year. Any member of the National Development under 22 team, or National Senior team is ineligible for OFSAA. Eligible student-athletes that participate in selection camps for Team Ontario and/or the Canada Winter Games will maintain their OFSAA eligibility for high school hockey.

Players must meet eligibility of OFSAA and their zone regulations.

To be considered a zone representative, a team must play a regular schedule of games with other school teams, consisting of a minimum of six (6) games and taking place over at least a one-month period.

Teams must also meet all other OFSAA regulations pertaining to hockey.

4. Classifications:

Please see Article VII and Article VII of the SOSSA constitution.

5. Tournament Structure and Procedures:

The SOSSA hockey championship will be played in one day if both semi-final games are played at the same time. If both semi-final games are not played at the same time then the final game must be on a different day.

That SOSSA Girls' Hockey shall adopt the minimum time between games in accordance with OFSAA playing regulations for Girls' Hockey.

6. Entry:

One representative from each zone.

The convenor and administrative director may round out the draw to four teams.

In order to be eligible for the SOSSA championship, each zone must declare its intention by February 1st of that hockey season.

The SOSSA convener should provide tournament information at least two weeks before the event to the address below "championships@sossa.on.ca" Information should include:

- a) Game times and zone match ups for semi-finals and the championship game time.
- b) The site location of the tournament and directions if necessary
- c) Any other pertinent information (gate cost, parking information, etc.)

The SOSSA convenor shall be responsible to ensure that the OFSAA entries are submitted.

7. Expenses:

Each team is responsible for the costs of travel, meals, and accommodations for the event(s).

A financial convenor report shall be submitted to the SOSSA administrative director following the championship.

8. Rules and Officials:

The rules of the OFSAA girls' hockey (see OFSAA webpage for rules) shall govern play at the SOSSA championship with the following exceptions:

All games, including the Championship game, shall consist of three (3) fifteen-minute stop time periods with a five (5) minute warm-up directly before the start of the game and a maximum rest time of three (3) minutes between periods.

Each team is allowed one (1) sixty (60) second timeout per game, in both the semi finals and finals.

All games will have at least one flood during the game (between the second and third period). All games must begin with fresh ice (this includes warm up).

8. Rules and Officials, continued:

In the event of a tie game at the end of regulation time in playoffs, the following will apply:

- a) One ten (10) minute overtime – (4 on 4).
- b) Overtime period is stop time.
- c) Overtime is sudden victory.
- d) There is no additional timeout in overtime, however an unused timeout in regular time remains available for use.
- e) In the event that one team is serving a penalty at the end of regulation time, it shall be four on three. If a 2nd penalty is called against the shorthanded team in overtime, it shall be a five on three. When the penalties have expired, teams will revert to four on four.
- f) If still tied, an alternating penalty shot system will be used; five (5) player pool from each team, total goals from five (5) players will determine the winner.
- g) If still tied, coaches will select a new set of 5 (players) which may include players from the first five shooters, players will take alternating shots (sudden victory) until a winner is determined.
- h) If still tied, repeat tie breaking procedure in f).
- i) A player who has been assessed any penalty and has not fully served the penalty prior to the shootout is ineligible for the shootout process.
- j) The home team will have the choice to shoot first or second in the Shootout.

Refer to OFSAA playing regulations for language regarding multiple penalties and suspensions. (See below)

8. Rules and Officials, continued:

OHF Suspension List rules shall govern suspensions in the OFSAA Boys' Championship with the following exceptions: i. If a player receives four (4) minor penalties in one game, that player is ineligible for the remainder of the game. ii. If a player receives a game misconduct, gross misconduct or match penalty, further suspension will be determined by the misconduct or match penalty code using the current year's OHF minimum suspension guidelines. Suspensions are subject to appeal. If a player receives two (2) head contact minor penalties in one game, that player is ineligible for the remainder of the game. iii. If a player receives a major for fighting and a game misconduct, or a major for fighting and a gross misconduct, or a major for fighting and a match penalty, that player is ineligible to play for the remainder of that game and the rest of the OFSAA championship. iv. If a player is assessed a two (2) minute checking from behind penalty with a game misconduct, that player is ineligible to play for the remainder of that game plus an additional game. A player who is assessed a five (5) minute checking from behind penalty will be ejected for the remainder of that game and the OFSAA championship.

OWHA Suspension List rules shall govern suspensions in the OFSAA Girls' Championship with the following exceptions: i. If a player receives four (4) minor penalties in one game, that player is ineligible for the remainder of the game. ii. If a player receives a game misconduct, gross misconduct or match penalty, further suspension will be determined by the misconduct or match penalty code using the current year's OWHA minimum suspension guidelines. Suspensions are subject to K-4 appeal. If a player receives two (2) head contact minor penalties in one game, that player is ineligible for the remainder of the game. iii. If a player receives a major for fighting and a game misconduct, or a major for fighting and a gross misconduct, or a major for fighting and a match penalty, that player is ineligible to play for the remainder of that game and the rest of the OFSAA championship.

9. Uniforms:

In case of colour conflict in uniforms, the home team is responsible for arranging a solution of the conflict.

10. Awards:

Championship team will be awarded the championship trophy and SOSSA medallions (20).

11. Department:

Any school team entering SOSSA sponsored or approved competition must be under the control of a staff member of the school which it represents.

12. Medical:

Qualified first aid personnel and equipment shall be available at the championship site. Coaches shall provide all consumable medical supplies (ie. tape, band aids) for athletes.

13. Appeals and Protest:

See Article 9 of the SOSSA constitution.