

SOSSA INC. LACROSSE

Playing Regulations – September 09

1. Date:

The SOSSA INC. Boys' Lacrosse (s) shall be held in the spring of each year during the week prior to the OFSAA Boys' Lacrosse Championship unless extraordinary circumstances dictate a change.

2. Location:

The location of the championships shall be decided not later than the SOSSA INC. Annual General Meeting held in June of the school year prior to the championships.

3. Eligibility:

Articles VII and VIII of the SOSSA INC. Constitution.

4. Tournament Structure and Procedure:

The championships tournament shall be a Single Elimination Tournament with the semi-final winners meeting to determine the SOSSA INC. champion.

The pairing for the semi-final games shall be in accordance with Appendix 3 of the SOSSA INC. Constitution.

Where there are two entries to OFSAA, a challenge game may be used to determine the 2nd entry.

5. Entry:

Each zone shall be allowed one(1) team in the SOSSA INC. championship. The SOSSA INC. convenor can (after consultation with the SOSSA INC. Secretary-Treasurer) round out the draw for the SOSSA INC. tournament to four teams. The SOSSA INC. convenor should provide written information to each zone convenor prior to the declaration of each zone champion. This information should include:

- a) SOSSA INC. convenor's name, school address and school phone number
- b) the draw including times
- c) the site and a map to it
- d) any other pertinent information (ie. change facilities, etc.)

Each zone convenor should inform the SOSSA INC. convenor of the details of her zone representative as soon as a zone champion is declared. The SOSSA INC. convenor will only accept the name of the Zone Representative from the Zone convenor.

The convenor and Secretary-Treasurer may round out the draw to four teams.

Procedure to fill the SOSSA INC. draw - Article VII.

The SOSSA INC. convenor shall be responsible to ensure that the OFSAA entries are submitted.

6. Expenses:

An attempt should be made to cover tournament expenses. Those schools who are entered in SOSSA INC. championships are responsible for arranging and financing their **own travel and meals.**

The SOSSA INC. convenor shall forward a financial statement to the SOSSA INC. Administrative Secretary-Treasurer at the conclusion of the tournament.

7. Rules and Officials:

The Rules of Lacrosse as they appear in the ILF Handbook shall govern play in the SOSSA INC. championships with the following exceptions:

a) Length of Play - there shall be four twelve (12) minute quarters with a three minute rest at quarter and five minutes at half.

b) Number of Players – there will be a maximum of 35 players dressed and all must be from the eligibility list.

c) Tied Games – overtime will consist of two four minute periods played to completion. If still stied, then four minute periods until sudden victory is achieved.

(d) The SOSSA INC convenor shall be responsible for providing competent officials.

8. Uniforms and Equipment:

a) Teams are to provide their own uniforms.

b) The SOSSA INC. convenor is responsible for having all necessary equipment.

c) Be it resolved that any F.I.F.A. approved shoes duly inspected by the official and deemed to be safe be allowed.

9. Awards:

a) Each player on the winning team shall receive a SOSSA INC. Medallion (20).

b) The winning team shall receive the SOSSA INC. Championship trophy (where one exists).

10. Department:
As per Article X and XI

11. Medical Personnel:
It is recommended that qualified First Aid personnel and equipment be available at the Championship site(s). Coaches shall provide all consumable medical supplies (ie. tape, bandaids, etc.) for their athletes.

12. Appeals and Protests:
See Article IX.