

PLAYING REGULATION 12.0 - SKIING (ALPINE) 2014

1. SAFETY GUIDELINES: Each SOSSA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2.Ages: All competitors shall meet the age requirements as per Article XI, Section VII of the By-Laws.

3.Events: A SOSSA Alpine Skiing Championship shall be held in sufficient time in order to determine entries for the OFSAA Alpine Skiing Championship. The season will begin November 1 and end March 31.

The SOSSA Championship race will be a one day Giant Slalom event based on place points established using the combined times of two runs.

Levels I and II : Girls' Giant Slalom
 Boys' Giant Slalom

Definition of Teams and Team Members:

Level I Team Racers:

Participants are school trained athletes. They have **NO** ski league affiliation race training beyond Nancy Greene or the age of 10 years.

Level II Team Racers:

Participants are those skiers who have ski league affiliation and training beyond the Nancy Greene level or the age of 10 years.

4. Eligibility:

To represent a SOSSA Member School, a student must be eligible for competition under the constitution By-Laws and Playing regulations of the Southern Ontario Secondary School Association.

(a)Each school eligible to race at OFSAA must have met the team practice requirements by practicing under the direction and supervision of the designated teacher coach, as approved by the school principal, from November 1st until the OFSAA Championship. All athletes must have participated in a minimum of 8 school practice sessions (dry land and on-hill). There must be one on-hill training session with the school team. A ski race is not defined as a practice session.

(b)The activity Convenor shall ensure that a qualified first aid provider is available at all times.

5.Entries:

(a)Each SOSSA Member School may enter one(1) Girls team and one(1) Boys team

in each of the Level I and Level II categories. A team consists of a minimum of 3 and a maximum of 5 athletes.

(b) Schools may enter a maximum of 5 individual athletes in each category in addition to their team lists.

(c) Entries must be received by the Race convenor one week prior to the race date.

(d) Late entries or changes prior to the day of the event will only be accepted if they can be accommodated.

(e) All racers must be declared on the entry form prior to the start of the race. NO SUBSTITUTIONS are allowed.