

## **SOSSA INC. BOYS AND GIRLS VOLLEYBALL**

### **PLAYING REGULATIONS – revised October 2010**

1. Dates:  
Championships should be scheduled at least a week prior to the OFSAA championship unless extraordinary circumstances dictate a change.
2. Location  
The location of the championship shall be decided no later than the SOSSA INC Annual General Meeting, held in June of the previous school year.
3. Eligibility  
As per Article VII and Article VIII.
4. Entry  
As per Article VII  
The SOSSA Inc. Convenor shall be responsible to ensure that the OFSAA entries are submitted.
5. Classification  
There will be a championship for each of the following classifications:  
  
Boys' Junior A, AA  
Senior A, AA, AAA, AAAA  
  
Girls' Junior A, AA  
Senior A, AA, AAA, AAAA
6. Tournament Structure and Procedure:  
All SOSSA Inc volleyball tournaments be organized and conducted in one day.

SOSSA Volleyball tournaments will be single elimination best 3 of 5.

The first match draw will be based on the SOSSA Inc rotation for Boys and Girls activities.

The convenor and secretary-Treasurer may round out the draw to four teams. Procedure to fill the SOSSA Inc draw – Article VII.

When there is a second OFSAA entry in Volleyball, two (2) teams in the final of the double elimination will go to OFSAA. Article VII, Section 3-12.

If only two schools qualify, then the final will be a best 3 of 5 match.

SOSSA Volleyball shall adopt the minimum time between games in accordance with OFSAA playing regulations for Volleyball.

7. Expenses

The convenor should attempt to charge a gate entry in order to cover the cost of the tournament.

A championship report shall be submitted to the SOSSA Inc. Secretary-Treasurer immediately after the conclusion of the championship.

8. Rules and Officials

(i) The rules for volleyball will be according to the C.V.A., the following exceptions are in place:

Timeouts shall be one minute in duration;

12 Substitution Rule – For SOSSA Inc. Competition team are allowed in a maximum of 12 Substitutions in any one set. There is no limit to the number of times a player may leave or re-enter a set as long as the maximum number of substitutions is adhered to and they leave or re-enter for the same player. Once a player has a designated substitution partner in a set, that will be the only player that they may leave or re-enter that set for. For example, player A for player B – player C may not enter into this rotation.

(ii) Net Heights:

Junior Girls - 2.15m

Junior Boys - 2.35m

Senior Girls - 2.24 m

Senior Boys - 2.43m

(iii) SOSSA Inc will follow the OFSAA constitution for scoring purposes.

(iv) Participants – See Constitution Article VII, Section 2-3 X IV  
(Medallions – 15 Junior, 12 Senior)

(v) The meet convenor shall be responsible for obtaining competent officials for the SOSSA Inc Championship. It is acceptable to have one official per court in the first round only. There **must** be two officials per court thereafter. The host shall provide two experienced lines people per court of competition. If competing teams can provide experienced lines people, they may do so with the agreement of the convenor and coaches.

9. Equipment

Game balls only shall be provided by the tournament convenor.

The host school will be responsible for having available all necessary equipment.

The convenor shall make the necessary arrangements for scorers and lines people.

Participating teams shall provide their own warm-up balls.

10. Awards

Each member of the winning team shall receive a medallion. Recommendation: the SOSSA Inc trophy should be made available from the previous winner, to be presented at the championship.

11. Uniforms

Recommendation – Team members shall be required to wear identical jerseys and athletic shorts in the school colours. Uniforms shall be numbered on both the front and back.

12. Department

As per Article X and XI

13. Appeals and Protests

As per Article IX

14. Recommendations

It is strongly recommended that the volleyball court on which the SOSSA Inc volleyball championships be played:

- i) Have adequate space for a full service area  
\*after the first round adequate space for full service **must** be provided.
- ii) have all basketball backboards and any other overhead impediments be raised to permit fair play for both teams.