

## **SOSSA INC. CO-EDUCATIONAL SWIMMING CHAMPIONSHIP**

### **PLAYING REGULATIONS – revised November 2008**

**1. Date:**

The SOSSA INC. Co-educational Swimming Championship shall be held in January or February prior to the OFSAA Co-Educational Swimming Championship.

**2. Location:**

The location of the SOSSA INC. Championship shall be decided not later than the SOSSA INC. Annual Meeting held in June of the school year prior to the championship.

**3. Eligibility:**

**a) Team Eligibility**

**SOSSA INC. Swimming is classified as a Team Sport. Only bona fide school team members coached by a staff member from that school or a volunteer coach that has been approval from the school's principal may enter the SOSSA INC. Co-Educational Swim Championship.**

- i) a school team is defined as a team composed of a minimum of six (6) members who train as a team for at least two (2) consecutive months from September to march involving at least two (2) pool practices per week under the direction of a coach;**
- ii) a coach is a teaching staff member of that school who is responsible for the team and is present at a majority of practices and all competitions. This may still allow for coaching assistance of a purely technical nature;**
- iii) a bona fide school team member is a student from that school who actively participates as a swimmer in the majority of practices of his/her school team.**
- iv) in the event of a lack of available pool time, a school can petition to be declared eligible under the signatures of the coach and principal.**
- v) attendance at ten (10) practices is to be verified by the completions of a practice eligibility form by the coach and principal.**
- vi) Eligibility forms must be handed in to the SOSSA Convenor by December 15<sup>th</sup>. Only those swimmers listed at this time will be eligible to compete in the SOSSA INC. meet for that school year.**

- vii) In order to qualify swimmers for OFSAA, coaches must submit list of names of all potential swimmers in December to the Association Convenor to verify eligibility only. Names and times of qualified swimmers will be submitted by the Association Convenor to the OFSAA Convenor prior to OFSAA Swimming Championship in February.

**b) Student Eligibility**

To represent a school at the SOSSA INC. Co-Educational Swim Meet, a student must:

- i) have had their name on Zone eligibility list for at least one competition
- ii) be certified as eligible on the eligibility form and signed by the Principal of the school;

A sample of the eligibility forms can be obtained on the SOSSA website [www.sossa.on.ca](http://www.sossa.on.ca)

- \* Click on Communication
- \* Go to the Forms Section on the Communication page
- \* Click on Player Eligibility List

- iii) This eligibility form must be brought to the SOSSA INC. Co-Educational Swim Meet by the participating coach(es).
- iv) meet the following age requirements:  
Junior - the individual's birth certificate indicates that he/she has not reached his/her 15<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held;  
Senior - the individual's birth certificated indicates that he/she has not reached his/her 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.
- v) be in Grades 9 - 12;
- vi) have been enrolled no more than five (5) years from date of entry into grade 9;
- vii) be eligible under the SOSSA INC. Transfer Policy
- viii) For more detailed information on Eligibility please refer to Section 2 - Athletes #3 of the Constitution

**4. Classifications:**

a) **SOSSA INC. Co-educational Swimming Championship shall provide competition for the following swimmers:**

- i) **High school Junior & Senior**
- ii) **Open**
- iii) **SWAD (Swimmers With a Disability)**

i) **High School Division - Junior and Senior Events**

**All other swimmers (i.e. not SWAD or Open Swimmers as defined below) who meet the eligibility requirements, and who are bona fide school team member to compete in this division.**

ii) **Open Division**

**A swimmer who has competed for and/or trained with and/or been registered with a SNC or equivalent as of November 1<sup>st</sup> of the year prior to the current school year shall be eligible to compete in the Open Division ONLY provided that he/she is a bona fide member of the school team.**

**A swimmer who, during the school year, has competed for and/or trained with and/or been registered with a non-SNC competitive swim club \* shall be eligible to compete in the Open Division ONLY, provided that he/she is a bona fide member of the school team.**

**If a grade 9 swimmer has ceased to compete for and /or practise with and/or is no longer registered with a club after November 1<sup>st</sup> of the current school year, he/she shall be eligible to swim in the high school division.**

**\* A “non- SNC competitive swim club” is defined as a club which practices outside the school curricular and/or extra curricular programs and whose athletes compete in scheduled swim meets for the club during the school swim season.**

- iii) **Swimmer With A Disability (SWAD)**  
All swimmers with a disability must have a classification provide by accredited classifiers, to compete in SOSSA INC. Classifiers can be contacted via:  
Special Olympics Ontario - [www.osoinc.com](http://www.osoinc.com)  
Swim Ontario - [www.swimontario.com](http://www.swimontario.com)

**Classifications for SWAD Competitors:**  
- S1-10 are physical disabled  
- S11, S12, S13 are blind  
- S14 are mentally disabled

- 5. **Events:**
  - a) High School Junior and Senior divisions, Open division and SWAD division only.
  - b) All events shall run at the SOSSA INC. Swim meet the same as they will be run at the OFSAA Swim meet in the same competitive season. See OFSAA website - [www.ofsaa.on.ca](http://www.ofsaa.on.ca)
- 6. **Meet Structure:**
  - a) The SOSSA INC. Co-Educational Swimming Championship shall be run as one meet with High School Junior & Senior, Open and SWAD classifications.
  - b) The SOSSA INC. Co-educational Swimming Championship shall be conducted over one (1) day only.
  - c) The swim meet shall be operated according to the timed final events. The swimmer will only swim once in which the final placing are determined on the basis of their times.
  - d) The pool will be open one hour prior to the start of the meet.
  - e) A scratch meeting shall be held prior to the start of the Meet.
  - f) A coaches meeting shall be held prior to the start of the Meet.
- 7. **Entry:**
  - a) Entries will be accepted from zone convenor or designates only.
  - b) Entries must be received by the SOSSA INC. Convenor no later than one week prior to the championship.
  - c) Only the top three (3) times from each zone shall enter each event unless the size of the pool can handle four event times in order to limit each event to two (2) heats.
  - d) Each zone may enter three (3) competitors per event in the SOSSA INC. meet.

- e) Each zone may hold a qualifying meet and the costs of this meet will be paid for by the individual zone.
- f) At the conclusion of the zone meet, the zone convenor will confirm all entries for the SOSSA INC. Meet to the SOSSA INC. Convenor.
- g) A junior competitor at zone may replace a senior if his/her time is better.
- h) A competitor may enter a maximum of five (5) events and if he/she is entered in the maximum number, at least two (2) events must be relays.  
(i.e. 3 individual events + two relays)
- i) A maximum of two (2) entrants per school will be accepted for each event at the SOSSA INC. Meet.
- j) A relay team may be made up of six (6) competitors, any four (4) of whom may swim, but for all six (6) listed the relay is considered an event
- k) For the Open 400 Metre Relay, teams shall consist of four swimmers, at least one swimmer from the High School Division and one swimmer from the Open Division.
- l) All SWAD swimmers who participate in the SOSSA INC. Meet are eligible to compete at OFSAA. There are no Time Standards for these events.
- m) A SWAD competitor who chooses to swim in the SWAD division may NOT swim in the corresponding event in the High School or the Open division. For the other events, however, he/she may swim in the High School division only or the Open division only.
- n) The SOSSA INC. Convenor shall be responsible to ensure that the OFSAA entries are submitted.

**8. Expenses:**

- a) An entry fee shall be charged to cover the costs associated with the meet.  
See Article IV.
- b) Medical Personnel costs will be included in the entry fee.
- c) A financial convenor report shall be submitted to the Administrative SOSSA INC. Secretary-Treasurer following the championship.

**9. Rules and Officials:**

- a) **C.A.S.A. rules for high school shall govern competition at the SOSSA INC. Championship. Rule books may be obtained from:  
Ontario Section C.A.S.A.  
559 Jarvis St.  
Toronto, ON  
M4J 2J1**
- b) **The meet convener shall be responsible for obtaining competent officials for the SOSSA INC. Championship.**
- c) **School coaches, competitors and officials only shall be allowed on the pool deck and local rules, ie. Clothing on deck, etc. shall be adhered to and broadcast by the host school.**

**10. Scoring:**

**Scoring shall be:**

<b>1<sup>st</sup> place</b>	<b>- 6 points</b>
<b>2<sup>nd</sup></b>	<b>- 5 points</b>
<b>3<sup>rd</sup></b>	<b>- 4 points</b>
<b>4<sup>th</sup></b>	<b>- 3 points</b>
<b>5<sup>th</sup></b>	<b>- 2 points</b>
<b>6<sup>th</sup></b>	<b>- 1 point</b>

**It shall be double points for the relays.**

**11. Awards:**

- a) **SOSSA INC. Ribbons are available in all events which are part of the meet.**
- b) **An overall team championship shall be based on the points accumulated over the course of the meet.**

**12. Medical:**

- a) **Provision shall be made by the SOSSA INC. Convener to have a qualified first aid personnel in attendance and equipment available at the Championship site.**

b) Coaches shall provide all consumable medical supplies (ie. Tape, bandaids) for their athletes.

c) All competitors must abide by the health and safety regulations at the convening pool. All accidents must be reported.

13. Appeals and Protests: See Article IX.

14. Department : See Article X and XI.