

## **SOSSA INC. RUGBY - BOYS AND GIRLS**

### **PLAYING REGULATIONS – revised December 2008**

1. **Date:**  
The SOSSA INC. Rugby Championships shall be held during the last week of May unless extraordinary circumstances dictate a change.
2. **Location:**  
The location of the championship will be decided not later than the SOSSA INC. Annual Meeting held in June of the school year prior to the Championship.
3. **Eligibility:**  
As per SOSSA INC. constitution, Article VII and VIII.
4. **Tournament Structure and Procedure:**  
The SOSSA INC. Rugby Championship shall be as per Article VII  
  
The following procedure shall take place at each game in the tournament:
  - a) Normal rugby tradition shall be followed at the beginning of the game.
  - b) At the completion of the game, the teams will clap each other off the playing field as per Rugby tradition.
  - c) SOSSA Rugby shall adopt the minimum time between games in accordance with OFSSA playing regulations for rugby.
5. **Entry:**
  - a) Entries will be accepted from Zone Convenors or designates only.
  - b) Each Zone is allowed one (1) entry into the SOSSA INC. championship. The SOSSA INC. INC. convenor can round out the draw for the SOSSA INC. INC. championship as per constitution.
  - c) Entries must be received by the SOSSA INC. convenor no later than the Sunday prior to the Championship. No late entries will be accepted.

The SOSSA INC. convenor shall be responsible to ensure that the OFSAA entries are submitted.
6. **Expenses:**  
As per Article IV of the Constitution  
  
Those schools having entries are responsible for arranging and financing their own travel, meals and accommodation for the event.  
  
The SOSSA INC. championship report shall be forwarded to the SOSSA INC. Administrative Secretary-Treasurer at the conclusion of the tournament.

**7. Rules and Officials:**

The laws of the Canadian Rugby Union shall govern play at the SOSSA INC. tournament with the following exceptions:

- a) **Replacement of Players**
  - i) there shall be unlimited substitution at any time during the game, provided the referee is notified.
  - ii) Should a player be ejected from the game for flagrant abuse of the rules or abusive or profane language, he is no longer eligible for competition in the tournament and no replacement will be allowed for the remainder of that game during which the offence occurred.
- b) **Roster Limits**

That each team may bring any number of players to the Championship.
- c) **That SOSSA "sport" shall adopt the minimum time between games in accordance with OFSAA playing regulations for "sport"/**
- d) **Playing Time**

Each game shall consist of two (2) twenty minute halves with a five (5) minute rest period.
- e) **Tie Situations**

Ties would be broken by kicks. Each team will select five (5) players, from the fifteen players at the end of regulation time, who shall be organized to kick at the goal post from a spot anywhere inside the 22 metre line. If still tied, single sudden death kicks by any of the fifteen players.
- e) **Player Equipment**

All players must wear mouth guards at all times.
- f) **Suspension**

A player is ineligible for SOSSA INC. competition if previously suspended for a breach of the rules while playing under the jurisdiction of either the zone Association or the Ontario Rugby Union, assuming that the suspension period covers the SOSSA INC. Championship dates.

**8. Uniforms and Equipment:**

Uniforms shall conform to C.R.U. laws. Distinctive school sweaters shall be worn by team members. The convenor must provide a second set of uniforms in the event of a colour conflict. A coin toss shall decide which team shall change.

Competitors may wear school insignia only on their uniforms within the competitive areas. No commercial or club insignia on uniforms shall be allowed. The brand name of the uniform manufacturer is permitted to be visible. Failure to abide by this regulation will result in disqualification.

Fields shall be marked as directed by the C.R.U. laws; posts shall be sufficiently padded.

The tournament convenor shall provide game balls for the Championship.

- 9, **Awards:**  
Members of the Championship team shall receive SOSSA INC. medallion (25) and the SOSSA INC. trophy will be awarded to the winning team.
10. **Department:**  
As per Article X and XI
11. **Medical Personnel:**  
It is recommended that qualified First Aid personnel and equipment be available at the Championship site(s). Coaches shall provide all consumable medical supplies (ie. tape, bandaids, etc.) for their athletes.
12. **Appeals and Protests:**  
See Article IX of the SOSSA INC. Constitution.